

# MODIFICATION OF ADRENERGIC BLOCK BY NORADRENALINE LOW TEMPERATURE AND SODIUM DEFICIENCY

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**Summary:** Low temperature (0° - 10°C) could prevent but not reverse the adrenergic neurone blocking action of bretylium, xylocholine, bethanidine, debrisoquin, guanoxan and pyrilamine in periarterially stimulated rabbit isolated ileum preparation. Noradrenaline could prevent but not reverse the neurone blocking action of xylocholine, bethanidine and pyrilamine but failed to prevent or reverse that of bretylium, guanoxan and debrisoquin. Sodium-free solution could prevent but not reverse the neurone blocking action of xylocholine and pyrilamine. Sodium-free medium prevented as well as reversed the neurone blocking action of bethanidine, while it failed to prevent or reverse that of bretylium, guanoxan and debrisoquin. It is concluded that all agents are actively taken up by the adrenergic neurone and that xylocholine, bethanidine and pyrilamine share the uptake mechanism for noradrenaline.

**Key words :** adrenergic neurone blockers sodium-lack low temperature noradrenaline prevention

## INTRODUCTION

The uptake of noradrenaline (NA) across the adrenergic neuronal membrane is energy-dependant (9, 12, 23) and sodium-dependant (2). This NA uptake mechanism is employed by guanethidine for its transport across the adrenergic neuronal membrane (7, 15) and human platelets (4) which can serve as convenient model for the neurone (20). Support for this common transport for NA and guanethidine is derived from observations on the ability of NA to block the uptake of guanethidine and the failure of uptake of guanethidine in sodium-deficient medium and under conditions of reduced energy supply as at low temperature (4).

Gulati and Jaykar (13) showed that in the Finkleman preparation (10), the neurone blocking action of guanethidine was prevented by NA, sodium-deprivation and at low temperature and concluded that guanethidine shares the uptake mechanism of NA. Since the neurone blocking action of a neurone blocker succeeds its uptake by the neurone, the prevention of block by various procedures affecting the uptake of NA should provide clue about the uptake of the neurone blocker. Thus, the present communication is concerned with the investigation of the influence of NA, low temperature and sodium-deprivation in modifying the neurone blocking action in Finkleman preparation (10) of bretylium, xylocholine, bethanidine, debrisoquine and guanoxan. The antihistaminic, pyrilamine was also included in the study since Verma and Gulati (22) showed that pyrilamine prevents the adrenergic neurone blocking action of guanethidine and agents which prevent the neurone blocking action of guanethidine are known to exhibit a neurone blocking action of their own (8).

## MATERIALS AND METHODS

Segments of terminal ileum (2-3 cm long) from adult rabbits of either sex weighing 1.5-2 kg, were prepared with their sympathetic nerves intact by the method of Finkleman (10) and set up in a 33 ml organ bath containing McEwen's solution at  $35.5 \pm 1^\circ\text{C}$ . The details of the stimulation parameters and the method of recording were the same as those described by Gulati and Jaykar (13). Two preparations from the same animals were set up at the same time. After control responses to different frequencies had been recorded, one preparation (test) was subjected for a specified period of time to any one of the procedures described below. This was followed by the administration to both preparations of bethanidine ( $1.7 \times 10^{-5}\text{M}$ ) or xylocholine ( $5 \times 10^{-5}\text{M}$ ) or pyrilamine ( $2.5 \times 10^{-5}\text{M}$ ) or bretylium ( $2.5 \times 10^{-5}\text{M}$ ) or guanoxan ( $1.6 \times 10^{-5}\text{M}$ ) or debrisoquin ( $2.8 \times 10^{-5}\text{M}$ ). The period of exposure for bethanidine was 10 min and that for other blockers was 30 min. The preparations were then washed 6-8 times and responses of both the preparations to different frequencies were obtained once more. The various procedures employed were: (i) addition to the bath of NA ( $6 \times 10^{-4}\text{M}$ ) immediately before the neurone blocker; (ii) exposure of the preparations for 30 min to McEwen's solution at  $0^\circ\text{C}$  to  $10^\circ\text{C}$  and (iii) exposure of the preparations for 30 min to sodium-free McEwen's solution, the osmotic pressure and pH of which were maintained with sucrose ( $2.7 \times 10^{-1}\text{M}$ ) and  $\text{KHCO}_3$  ( $2.5 \times 10^{-3}\text{M}$ ) respectively.

After the blocking effects of the neurone blockers had been studied in control preparations, they were subjected to any one of the procedures described above, the object being to determine the ability of these procedures to reverse the neurone blockade. The period of exposure was 20 min for NA and 40-60 min for other procedures. The preparations were then subjected to 6-8 washouts with McEwen's solution at  $35.5^\circ\text{C}$  followed by redetermination of the frequency-response curves.

*Drugs:* Bethanidine sulphate, bretylium tosylate, debrisoquin sulphate, guanoxan sulphate, (—)-noradrenaline (NA), pyrilamine maleate and xylocholine hydrochloride.

The solution of NA was prepared in distilled water which contained 0.05% sodium metabisulphite.

## RESULTS

*Adrenergic neurone blocking action of different blockers:* Xylocholine and bretylium increased the basal tone; complete restoration occurred after 6-8 washes; other blockers did not affect the tone or the pendular movements.

Bethanidine, bretylium, debrisoquin and guanoxan produced substantial to complete block of relaxation responses to periarterial sympathetic nerve stimulation at frequencies ranging from 1 to 20 Hz. Pylamine produced complete block in 11 out of 24 preparations, no block being obtained in the remainder of the preparations. Further, when a piece of ileum from one rabbit was blocked by pyrilamine, other pieces from the same ileum were also blocked. When



pyrilamine failed to block a piece of ileum from an animal the other pieces from the same animal were also not blocked. Xylocholone produced complete block in 5 out of 10 preparations; in 5 other preparations, the block was complete at lower frequencies (2 and 5 Hz) and partial (50-75 percent) at higher frequencies (10 and 20 Hz). The block lasted for more than 3 hrs in all cases. During the block, the preparations were as responsive to NA ( $6 \times 10^{-8}$  M to  $6 \times 10^{-7}$  M) as during the pre-block period.

*Effect of low temperature on the adrenergic neurone blocking action of different blockers:* At low temperature the tissue was relaxed and the pendular movements were totally inhibited. Responses to nerve stimulation were absent during exposure to low temperature. Exposure of the tissue to medium at  $35.5^\circ\text{C}$  resulted in restoration of tone, pendular movements and responsiveness to nerve stimulation.

In general, hypothermia prevented the neurone blocking action of all the drugs and the prevention was greater with increasing hypothermia. The neurone blocking action of xylocholone was completely prevented at  $5^\circ\text{C}$  at all frequencies ( $n=3$ ). A marked reduction in the neurone blocking action of bethanidine at  $5^\circ\text{C}$  and  $10^\circ\text{C}$  ( $n=3$  each), of pyrilamine at  $10^\circ\text{C}$  ( $n=4$ ), of bretylium at  $5^\circ\text{C}$  and  $10^\circ\text{C}$  ( $n=3$  each) and of debrisoquin at  $0^\circ\text{C}$  and  $5^\circ\text{C}$  ( $n=3$  each) was observed at higher frequencies but not at lower frequencies (Fig. 1.) The neurone blocking action of guanoxan was partially reduced at  $5^\circ\text{C}$  and markedly reduced at  $0^\circ\text{C}$  ( $n=3$  each) at higher frequencies but not at lower frequencies (Fig. 1.).

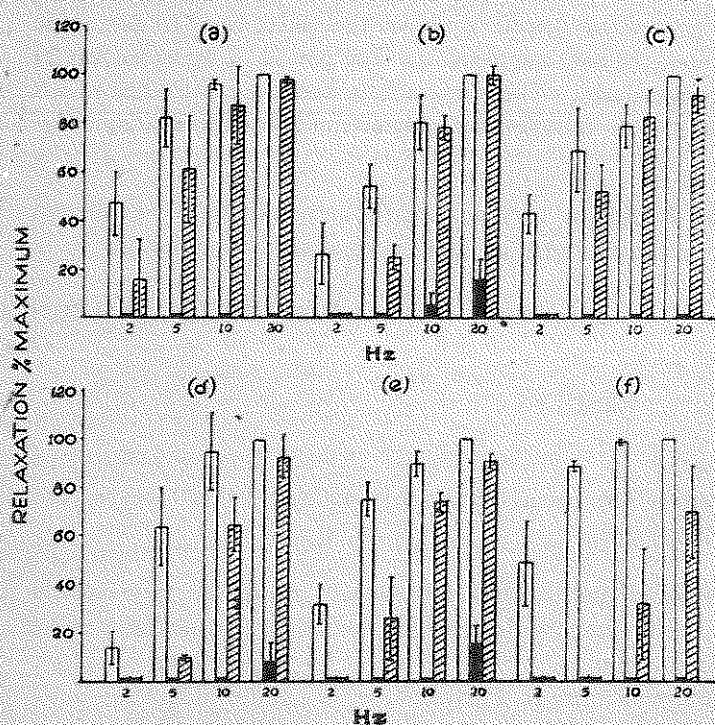


Fig. 1: Modification by low temperature of the effects of xylocholone ( $5 \times 10^{-5}$  M; a), bethanidine ( $1.7 \times 10^{-5}$  M; b), pyrilamine ( $2.5 \times 10^{-6}$  M; c), bretylium ( $2.5 \times 10^{-5}$  M; d), debrisoquin ( $2.8 \times 10^{-5}$  M; e) and guanoxan ( $1.6 \times 10^{-8}$  M; f) on inhibitory responses to periarterial nerve stimulation (5 msec for 45 sec every 4 min at frequencies indicated below each panel in Hz) of paired (control and test) Finkleman preparations. All responses were recorded after equilibrating the preparations with McEwen's solution at  $35.5^\circ\text{C}$ . Open columns indicate control responses and closed columns indicate responses elicited after exposure of control preparations to blockers. Hatched columns indicate the prevention of neurone block in test preparations exposed to solution at  $0^\circ\text{C}$  in panel (f),  $5^\circ\text{C}$  in panels (a) and (e), and  $10^\circ\text{C}$  in panels (b), (c) and (d). Vertical lines indicate S.E.M.

The neurone blocking action of none of the agents was reversed by low temperature (0°C—10°C).

*Effect of NA on the adrenergic neurone blocking action of different blockers:* When NA was added to the bath, followed immediately by the addition of the adrenergic neurone blocking agent, the gut relaxed and the pendular movements were abolished. Complete restoration occurred after 6-10 washouts.

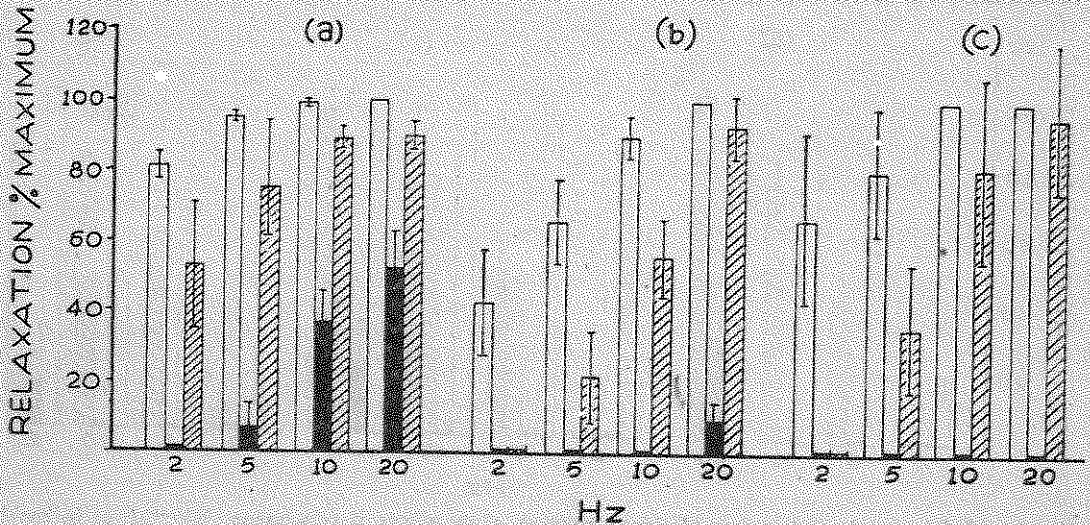


Fig. 2: Modification by noradrenaline (NA;  $6 \times 10^{-6} M$ ) of the effects of xylocholine ( $5 \times 10^{-5} M$ ; a) bethanidine ( $1.7 \times 10^{-5} M$ ; b) and pyrillamine ( $2.5 \times 10^{-5} M$ ; c) on inhibitory responses to periarterial nerve stimulation (5 msec for 45 sec every 4 min at frequencies indicated below each panel in Hz) of paired (control and test) Finkleman preparations bathed in McEwen's solution at 35.5°C. Open columns indicate control responses and closed columns indicate responses elicited after exposure of control preparations to blockers. Hatched columns indicate the prevention of neurone block in test preparations by NA. Vertical lines indicate S.E.M.

NA markedly prevented the neurone blocking action of xylocholine ( $n=4$ ), bethanidine ( $n=4$ ) and pyrillamine ( $n=3$ ) (Fig. 2). The reduction was more marked at higher frequencies than at lower frequencies. The neurone blocking action of bretylium ( $n=3$ ), guanoxan ( $n=3$ ) and debrisoquin ( $n=6$ ) was not affected.

NA failed to reverse the neurone blocking action of any of the blockers.

*Effect of sodium-free solution on the adrenergic neurone blocking action of different blockers:*

Exposure of ileum to the sodium-free McEwen's solution for 30 min produced slight relaxation and the inhibitory responses to nerve stimulation could not be elicited. Complete restoration followed 6-8 washouts with normal McEwen's solution.

Following prior exposure to sodium-free medium there was marked reduction in the



neurone blocking action of xylocholine ( $n=3$ ), bethanidine ( $n=3$ ) and pyrilamine ( $n=4$ ) (Fig. 3). The neurone blocking action of guanoxan, debrisoquin and bretylium ( $n=4$  each) was not affected.

There was no reversal of the neurone blocking action of xylocholine, bretylium, guanoxan and debrisoquin by sodium-free solution. However, the neurone blocking action of bethanidine was reversed (Fig. 3).

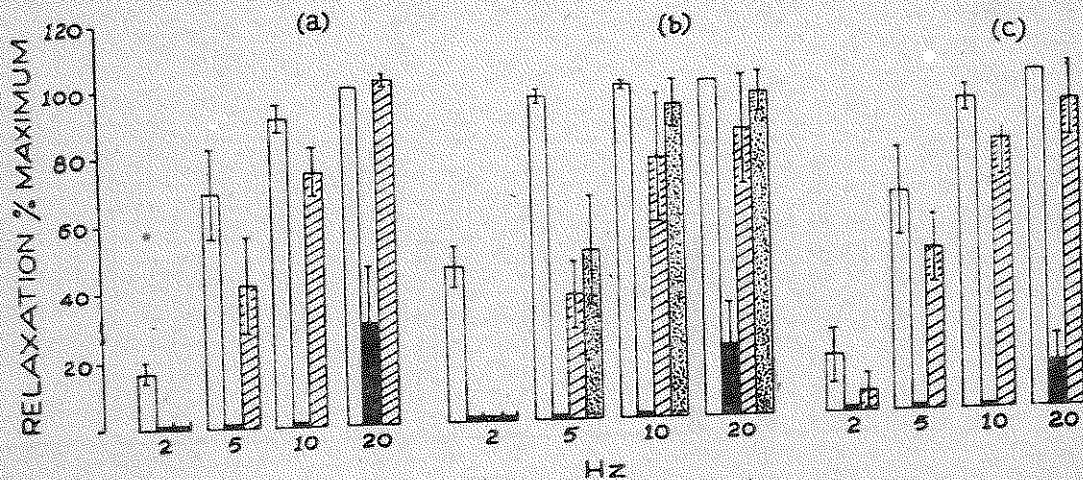


Fig. 3: Modification by sodium-free McEwen's solution of the effects of xylocholine ( $5 \times 10^{-5} \text{M}$ ; a), bethanidine ( $1.7 \times 10^{-5} \text{M}$ ; b) and pyrilamine ( $2.5 \times 10^{-5} \text{M}$ ; c) on inhibitory responses to parietal nerve stimulation (5 msec for 45 sec every 4 min at various frequencies indicated below each panel in Hz) of paired (control and test) Finkleman preparations. All responses were recorded after equilibrating the preparations with McEwen's solution at  $35.5^\circ \text{C}$ . Open columns indicate control responses and closed columns indicate responses elicited after exposure of control preparations to blockers. Hatched columns indicate the prevention of neurone block in test preparations by sodium-free solution. Stippled columns in (b) indicate the reversing action elicited by exposure of control preparations to sodium-free solution for 40 min after inducing neurone block with bethanidine. Vertical lines indicate S.E.M.

## DISCUSSION

The uptake of NA by the adrenergic neuronal membrane has been shown to be energy-dependent (9, 12, 23). In the present study the adrenergic neurone blocking action of all the blockers was substantially prevented at low temperature. This observation would suggest that the blockers were predominantly taken up actively by the adrenergic neurone. Since the prevention was not complete, it is possible that some passive diffusion of the blockers into the neurone may also be involved. Support for this suggestion is derived from the results of Reitz *et al.*, (18) who observed a passive diffusion of NA into mouse cerebral cortex.

NA and sodium-deprivation prevented the adrenergic neurone blocking action of xylocholine, bethanidine and pyrilamine. It is possible that the prevention by NA could

atleast in part be due to its metabolites. Experiments with the inhibitors of the enzymes, MAO and COMT would serve to clarify the role if any of the metabolites of NA. Both NA and sodium-deprivation failed to prevent the adrenergic neurone blocking action of bretylium, guanoxan and debrisoquin. Since sodium ion is an absolute requirement for the uptake of NA in the adrenergic nerve endings (2), our results would suggest that xylocholine, bethanidine and pyrilamine share the uptake mechanism for NA. Toda (21) similarly failed to observe a preventing action of sodium-deficiency on the adrenergic neurone blocking action of bretylium in rabbit atria and rabbit ascending aorta and O'Brien and Boullin (16) observed only 31.2% inhibition of the uptake of debrisoquin by human platelets with ouabain which inhibits sodium potassium-dependent ATP-ase (11) and, therefore, reduces extracellular sodium concentration. It is conceivable, therefore, that bretylium, guanoxan and debrisoquin are transported across the adrenergic neurone by some mechanism distinct from the one concerned with the transport of NA, a suggestion already made for bretylium and debrisoquin (6, 17, 21).

NA or low temperature failed to reverse the neurone blocking action of any of the blockers. Exposure to sodium-free solution reversed only the adrenergic neurone blocking action of bethanidine. This was surprising since sodium deficiency does not reverse the adrenergic neurone blocking action of guanethidine (13) which is closely allied chemically to bethanidine and both drugs deplete NA stores (5). Certain differences between the two drugs have, however, recently been suggested. The existence of two pools of guanethidine has been demonstrated in the rat heart by Boullin (3). Shand *et al.*, (19) suggested that guanethidine and bethanidine are taken up into two pools within the adrenergic neurone and intravesicular and an extravesicular pool. The extravesicular pool contains the drug in more ready equilibrium with the perfusate and its efflux is relatively rapid. The disappearance from the intravesicular pool is slow, despite diminished concentrations of these blocking drugs in the perfusate. It was further suggested that with the concentrations of bethanidine required for complete blockade there was lesser uptake of bethanidine into the intravesicular pool. Sodium-deficiency causes loss of NA from adrenergic nerve endings (1, 2). If it could be shown that the extravesicular pool is more sensitive to sodium-deficiency than the intravesicular pool the reversal of the neurone blocking action of bethanidine by sodium deficiency would become easily understandable.

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